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Metaphorical Objects

I work as a family practitioner in primary care. Often I notice that they share similar complaints even if they present it differently. With time, I have learned to use everyday objects in my office as metaphors that help me to explain to my patients how they can potentially think and work through their struggles. Because this approach is unexpected and surprises them, it opens a space for a different kind of conversation.

In this presentation, I will present some of these various objects and the situations in which I use them.