

**Randi ABRAHAMSEN (Dentist, PhD) - Denmark**  
**ESH Second Vice President**

**Develop Resilience**

Sometimes things can be difficult and you get caught up in worries and give yourself bad comments, which the mind will accept as hypnotic negative suggestions.

This presentation will focus on a few metaphoric methods to develop personal resources to overcome challenges and use a positive mindset. The feeling of resource must be felt physically in the body during the hypnotic trance.

**Dentistry in Children**

This presentation will focus on the meeting with the child in dental practice. Improve your skills to notice the body language of anxiety in the child. A few playful hypnotic methods to help develop the resources and empowerment in children in order to help them overcome the dental anxiety and cope with treatment.